



community sailing center
lake champlain | burlington vermont

2009 YES/LeaderSHIP Program Information

Who:

The Community Sailing Center is a community based non-profit organization that operates on Burlington's waterfront offering educational and recreational opportunities for all members of our community. CSC partners with local organizations and schools to provide programming that encourages and celebrates the responsible use and long-term stewardship of Lake Champlain.

What:

Youth Environmental Stewardship:

The Youth Environmental Stewardship Program is an innovative environmental education program designed to engage elementary and middle school students outside and on the lake after school! It is a great opportunity for local youth organizations to provide a program that combines fun, structured curricula, experiential learning and community building. An experience at the Community Sailing Center can give students a renewed appreciation for the environment and empower them to be stewards of Lake Champlain.

LeaderSHIP:

The Community Sailing Center strives to break down all racial and socioeconomic barriers to sailing through our LeaderSHIP program. Goals of the LeaderSHIP program include building confidence and self-esteem through the sport of sailing. Through lectures and on-the-water practice, students will learn the basics of sailing, rigging, safety, docking, right of way rules, wind conditions and knot tying.

Where:

The Youth Environmental Stewardship Program and LeaderSHIP are offered at a minimal cost to local organizations. Our programs operate out of the CSC facility on Burlington's waterfront. All instruction, education materials, and staffing is provided. Transportation to and from the Center must be provided by all applicants.

When:

Youth Environmental Stewardship: May 4 - June 5

LeaderSHIP Program : June 15 - August 28

Deadlines for Applications:

Youth Environmental Stewardship Program: April 15, 2009

LeaderSHIP Program: May 15, 2009



2009 YES/LeaderSHIP Application

Organization's Name _____

Executive Director _____

Address _____

City/State/Zip _____

Phone Number _____

Website: _____

Primary Contact Person _____

Work Number _____ Cell Number _____

Email Address _____

Please attach a one-page letter of support on why the involvement in this program is important to the youth that your organization serves. (If you are applying for both programs please include two letters)

Will you allow the Community Sailing Center to list your organization as a partner in this program for fundraising efforts? _____

Will your organization be willing to list the Community Sailing Center as a programming partner on your website and/or publications? _____

Please provide the maximum contribution that your organization can make to support your involvement in this program. _____

The majority of program costs are fundraised by the Community Sailing Center. No minimum contributions required – any participating support is appreciation and allows us to offer the program to the maximum number of local children. It cost approximately \$300 per student to participate in this program

Additional Information:

- Each participant will have to sign a program waiver.
- This program is intended to allow youth the opportunity to experience the joy of Lake Champlain – we try to accommodate as many organizations as possible. If you have any questions please call the center at 802-864-2499

The Youth Environmental Stewardship Program.

An experience at the community sailing center can give students a renewed appreciation for the environment and empower them to be stewards of Lake Champlain. In addition to increasing their awareness of the living world around them, a five-week program at the Community Sailing Center will introduce them to scientific ideas and basic ecological components of Lake Champlain while recreating on the Lake. This interaction with nearby nature helps children build sensitivity and knowledge that becomes the basis for expanding to concepts such as causes, connections, and consequences of environmental issues. Maximum enrollment is 16 students.

This program will run from 3 -6pm, May 4th until June 5th.

The subjects covered are:

- Watersheds
- Water Chemistry
- Crazy Lake Plants (aquatic plant biology)
- Weather
- The Lake and Me (human impact on Lake Champlain)

Your group will be assigned one of these days on which it will attend the program weekly.

- Day of Week First Choice: _____
- Day of Week Second Choice: _____

The YES program is most effective with the SAME KIDS and SAME CHAPERONE attending each week.

The LeaderSHIP Program

This program runs from June 15-August 21. We have many different formats to fit the needs of the youth you work with. All programs focus on building confidence, self-esteem and team building skills within the group.

Beginning Sailing Course

A 15-hour program conducted over a flexible set of dates. This program follows the US Sailing Curriculum. Content includes sailing theory, how to tie knots, seamanship, and a basic understanding of weather and currents. This program is most effective with the SAME KIDS and SAME CHAPERONE attending each week. Maximum enrollment is 16 students.

Recreational Sailing (5 – 3 hour sessions)

This course allows students to relax and set sail around the lake. Limited sailing instruction will be given; emphasis will be on exploring the beauty of the lake and its environment. Different students can be involved in each session

Kayak and Canoe Outing (5 – 3 hour sessions)

This course provides kayaking and canoeing instruction. Participants will be given the basic skills needed to safely maneuver a kayak and canoe around the lake. They will have the opportunity to paddle around the lake and check out some of the exciting areas the lake has to offer.

Please indicate your choice for program format _____

Please indicate your choice for program weeks. The day of your program will be discussed after we begin processing applications.

___ June 15–19

___ July 6 – 10

___ August 3- 7

___ June 22 - 26

___ July 13–17

___ August 10-14

___ June 29–July 3

___ July 20 – 25

___ August 17-21

___ July 27– 31

Please choose preference: Morning session (9am-12pm) or Afternoon session (1pm-4pm)

How many youth would you like to enroll in the LeaderSHIP Program? _____

What age group: 8-10 years old 11- 15 years old 16-19 years old

Mail Completed Application to:

Jen Guimaraes
Education and Outreach Director
Community Sailing Center
P.O.Box 64818
Burlington, VT 05406