



community sailing center
lake champlain : burlington vermont

LOVE YOUR LAKE

2016
PROGRAM &
EVENT GUIDE

Ahoy.

Welcome to the **Community Sailing Center**, a non-profit organization located on the shores of Lake Champlain that invites everyone to the Burlington waterfront to experience and share all the lake has to offer.

OUR MISSION:

The Community Sailing Center encourages the responsible use and long-term stewardship of Lake Champlain by fostering educational and recreational opportunities for all members of our community.

CONTENTS



About the Community Sailing Center	3
Signature Programs	4
WAVES	8
Adult Programs	9
Corporate & Custom Programs	14
Events	15
Youth Camps	16
Performance Sailing	25
Registration & Scholarships	26
Boat Storage	29
Rentals	30
Get Involved	33
New Facility	34
Contact Us	36



The U.S. SAILING Community Sailing Sanctioning Program acknowledges organizations that best exemplify community sailing's strengths nationwide. These sailing organizations routinely offer sailors the highest level of education through U.S. SAILING reviewed and approved curriculums, a proven track record, quality equipment and facilities, and strong safety protocols.

Awarded to the Lake Champlain Community Sailing Center in 2011.

DEAR FRIENDS,

Welcome to the Community Sailing Center – your gateway to the Lake! For more than 20 years, this community has broken down the barriers of access to our Lake Champlain by fostering the growth of public access, education, and recreation programs on the Burlington Waterfront. These programs assure **Lake Access. Life Lessons. For All.** so that everyone in our lake-based community has the opportunity to have a stronger relationship with their lake, and be inspired by all it has to offer.

City of Burlington residents overwhelmingly supported Waterfront Access North – a project to be completed early this summer, and where their new Community Waterfront Campus construction will take place. This will be the new home of the CSC, marking 2016 the final season for the community to tolerate a windowless garage, a tent, and porta potties as their conduit to such a remarkable resource. Throughout the summer, the new Center will arise from this once neglected part of the waterfront – literally from the ashes of the Moran Plant yard. The Marcel Beaudin designed building will anchor the recent public investment in access improvements and guarantee generations of lake stewards a safe harbor for adventure and exploration from the shores of Burlington Bay.

From the board, staff, volunteers, and clients of the Center, we invite you to **Get On Board** with us as we transform the community with a new lakeside hub on the waterfront. Come down and discover the remarkable people and programs that will make it even easier for you to **Love Your Lake!**



M. P. Hogan Photography

A handwritten signature in black ink, reading "Mark Naud".

Mark Naud
Executive Director

ABOUT THE COMMUNITY SAILING CENTER

The following people have donated their expertise and time to create, maintain, and pave the way for the Sailing Center's future. They are all dedicated to helping the CSC achieve its long-term goals.

BOARD OF TRUSTEES

Marcel Beaudin, *Founding Director*
Dale Hyerstay, *Founding Director*
Fritz Horton
Marilyn McConnell
Melinda Moulton
Ernie Pomerleau
Patrick Robins
Jan Rozendaal
William Shearer

BOARD OF DIRECTORS

Will Patten, *Chair*
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Bob Bloch
Pat Burns
Jessica Bridge
Ted Castle
Lindsay DesLauriers
Sandy Jacobs
Elizabeth Langfeldt
Grant Leibersberger
Tom Porter
Marc Sherman
Jill Spell
Scott Willard

LEADERSHIP

The Community Sailing Center team is enthusiastic, energetic, and diverse. We have a small, core group of year-round staff members that is supplemented with additional staff throughout the year.

Mark Naud
Executive Director
mark@communitysailingcenter.org

Jen Guimaraes
Associate Director
jen@communitysailingcenter.org

Colin Davis
Operations Director
colin@communitysailingcenter.org

Mary Ichniowski
Program Director
mary@communitysailingcenter.org

Dayna McRoberts
Education and Outreach VISTA
dayna@communitysailingcenter.org

Jimmy Fordham
Development Coordinator and Office Manager
jimmy@communitysailingcenter.org

Jennifer Langille
Marketing & Event Coordinator
jlangille@communitysailingcenter.org

Tara Boestan-Smith
Bookkeeper
tara@communitysailingcenter.org



SIGNATURE PROGRAMS

4



M.P. Hogan Photography

The Community Sailing Center's mission is to encourage and celebrate the responsible use and long-term stewardship of Lake Champlain by delivering educational and recreational opportunities for all members of our community. We have developed four specific programs that provide a unique approach using Vermont's greatest natural resource, Lake Champlain, and the sport of sailing to address key issues in our community.

In 2015, these programs brought lake-based education and access to 1,916 participants and over 650 hours on the water. 860 of these participants have never been on a sailboat on Lake Champlain before.

FLOATING CLASSROOMS

Creating future stewards of Lake Champlain

This program uses locally relevant science curriculum and experiential learning to engage Vermont students in science education using Lake Champlain as a platform for discovery and learning, and sailing as a medium to deliver each lesson. Teachers choose from a variety of topics that will be taught on shore and enhanced while sailing on Lake Champlain aboard our keelboats. Each lesson is aligned with Vermont's Next Generation Science Standards.

LEADER SHIP

Creating leaders and defining self-image

Sailing provides the ideal medium for the skill-building, teamwork, and positive connections that support local youth in developing the character skills necessary to thrive in school, at home, and as a part of their community. The Leader Ship program brings a crew of young sailors together to overcome challenges and learn about themselves and each other. Each participant will learn to sail a keelboat while sharpening their communication, collaboration, and skills.



We are very fortunate to have many dedicated collaborative partners working with the Community Sailing Center to provide these enhanced learning opportunities.

If you or your organization is interested in learning more about our Signature Programs, please contact Associate Director Jen Guimaraes at (802) 864-2499 or jen@communitysailingcenter.org.

Sarah Smith



5

ADAPTIVE WATERSPORTS PROGRAM

Leaving dependence on the dock

Our longest community partnership is with Vermont Adaptive Ski & Sports (VASS) and has served thousands of people with diverse abilities since its inception in 1997. The AWP is an active collaboration with VASS and their clients that supports people with physical and cognitive disabilities to realize their goals using adapted teaching methods and an array of adaptive equipment. The CSC also partners with Special Olympics Vermont to offer sail training and athletic competition for children and adults with intellectual disabilities. The AWP provides an invaluable point of access to Lake Champlain and facilitates positive change in participants' self-confidence, leadership, and teamwork. Participants learn on our fleet of specially adapted sailboats and various paddlecraft.

Community Partners:
Vermont Adaptive Ski & Sports
vermontadaptive.org
and Special Olympics Vermont
specialolympicsvermont.org

WOMEN IN WIND

Leadership.
Communication.
Collaboration.

Women in Wind cultivates alliances between every generation of women in our community through the power and grace of sailing. Sailing utilizes progressive skill building and a positive learning environment to empower women and girls through sailing and hands-on environmental science by offering innovative, customized programs for schools, businesses, youth organizations, and adults. It's an experience with lasting impact that includes personal challenge, time for reflection, and leadership and communication training.

WIW DROP IN

Experience the thrill of sailing on board a keelboat in a positive, stress-free learning environment on an introductory 2-hour sail in Burlington Bay. The boat leaves the dock promptly at 5:45pm. In the event of inclement weather or low enrollment the program will be canceled by 5pm that evening. Please call the CSC for program updates.

\$40/session

Tuesdays, 5:30pm-7:30pm
June 14, 28, July 12, 26, and
August 9



WIW EVENING SAILING CREW

If you've completed a dinghy learn to sail course, or already know the basics of smallboat sailing, join this fun group of female sailors each week for an evening of sailing on our smallboats. This program is for women of varying abilities to sail in a relaxed environment and build their sailing knowledge with the group. The group meets every Monday for five weeks. A sailing instructor will be on hand to provide support on land and on the water. We will cover a new topic each week depending on group goals and weather. At the end of each session participants have improved smallboat sailing skills, increased self-confidence on and off the water, and are part of a new crew of women sailors.

\$250/session

Wednesdays, 5pm-8pm

Session I: **June 15-July 20**

(no sailing July 6)

Session II: **July 27-August 24**

WIW SUP YOGA

Ease into Stand up Paddle Boarding and SUP Yoga at the Community Sailing Center. Class begins with basic SUP and paddle stroke instruction on land, followed by a guided paddling warm up, and finally out to a water "studio" best suited to the weather conditions of the day. Here students embark on a series of yoga postures designed to bring awareness to balance and alignment. Participants practice strengthening and stretching postures while experiencing a deep connection to the natural world. SUP Yoga is guaranteed to invigorate, relieve stress, and leave you feeling empowered and centered.

\$45/session

Thursdays, 5:30pm-7:30pm

July 14 and August 4

Rain date: **July 21**



WIW BIKE & PADDLE

For the first time ever, in partnership with the Catamount Outdoor Family Center, women will connect with both the land and the water in this one day biking and stand up paddleboarding clinic. Taught by women, for women, this encouraging clinic teaches basic mountain bike handling skills in the morning and will explore the fundamentals of stand up paddling in the afternoon. Enjoy a day of confidence building, exploration and camaraderie. Bring your own bike or rent from Catamount Outdoor Family Center. Participants start the day at Catamount and are responsible for transport at lunch to the CSC, where the program will conclude at 4:30pm.

\$100

Sunday, July 17, 8:30am-4:30pm

WIW SUMMER EVENTS

Join us for a festive evening on the waterfront! Events begin with on-water recreation (sailing or paddling, weather dependent) around Burlington Bay. Afterwards participants meet on the deck for short presentations, refreshments, and time to connect with each other.

Spring Kick-off: **May 19**
Summer Soiree: **August 18**

See additional women-only sailing sessions on page 9.



Shayne Lynn Photography



WATER. ACCESS. VITALITY. EDUCATION. STEWARDSHIP

We all are the collective voice for Lake Champlain, Vermont's greatest natural resource. The health of our lake is vital to the cultural and economic development of our community, and therefore we must consider the lake environment foremost in the development of all our programs. This practice holds us accountable for our actions and decisions.

To ensure our role as active lake stewards, our WAVES Initiative guides our mission of protecting Lake Champlain for Lake Access. Life Lessons. For All. Elements of this program include:

WAVES Activities: In every youth program students participate in experiential lessons that connect them to the lake's ecosystem and history. These lessons create a personal connection to the lake for every individual.

Marine Debris Challenge: Partnering with the Rozalia Project's trash data collection efforts, every week a group of youth participates in a Trash Race, picking up litter along the shoreline before it enters Lake Champlain.

Clean Regattas: We partner with Sailors for the Sea to certify sustainable regattas and utilize best practices to reduce impacts from our on-the-water events. In 2015, we hosted and supported four Clean Regattas.

Zip 2 Water: With the support of 11th Hour Racing, we provide a Zip 2 Water mobile filtration system to reduce waste and encourage refillable water bottle usage.

Lay Monitoring: Our staff and students act as citizen scientists with the Vermont Department of Environmental Conservation Lay Monitoring program. We conduct weekly water quality tests for things like chlorophyll and phosphorus in Burlington Harbor, which the state compiles into an annual report on the lake's water quality.

Blue-Green Algae Monitoring: With the Lake Champlain Committee, we participate with other volunteers to monitor for blue-green algae blooms in Burlington Harbor.

SAILING

SAILING BASICS: DINGHY COURSE

Dinghies offer an excellent opportunity to get an active, hands-on introduction to the sport of sailing. Our boats are 12-14 feet long and seat 2-3 adults. You will learn how to right a capsized boat on your first day of class! These fun vessels bring you close to the water, allowing you to feel how the waves and wind affect the boat immediately. An added bonus to this 15-hour course is the thrill of getting wet while recreating on Lake Champlain. Includes a 2-hour rental pass valid for the 2016 season only and class textbook, *Start Sailing Right*.
\$295

Weekdays

Monday-Friday, 5pm-8pm

Session I: **June 20-24**

Session II (women only): **July 11-15**

Session III: **August 1-5**

Weekend

Saturdays, 9am-5pm

Session IV: **July 2 & 9**

Session V: **July 23 & 30**

SAILING BASICS: KEELBOAT COURSE

If you have never experienced big-boat sailing or enjoy the more relaxed side of the sport, then keelboats are the right boat for you. Unlike the dinghy course you will be in a boat with several adults and an instructor, all learning how to sail together. Everyone will have an opportunity to trim sails, steer the boat, and approach a mooring. This 15-hour keelboat class gives you more time to observe your peers at work and take in the sights and sounds of Lake Champlain. Includes a 2-hour rental pass valid for the 2016 season only and class textbook, *Start Sailing Right*.
\$320

Weekdays

Monday-Friday, 5pm-8pm

Session I: **June 13-17**

Session II (women only): **July 18-22**

Session III: **August 15-19**

Weekend

Saturdays, 9am-5pm

Session IV: **June 4 & 11**

Session V: **June 18 & 25**

Session VI: **July 16 & 23**

ADULT PROGRAMS

CO-ED ADULT DROP-IN

Experience the thrill of sailing on board a keelboat in a positive, stress-free learning environment during an introductory 2-hour sail in Burlington Bay. Sign-up is first come, first served starting at 12pm the day of the sail. The boat leaves the dock promptly at 5:45pm. In the event of inclement weather or low enrollment the program will be canceled by 5pm that evening. Please call the CSC for program updates.

\$40/person per session

Tuesdays, 5:30pm-7:30pm

Session I: **June 22**

Session II: **July 5**

Session III: **July 19**

Session IV: **August 4**

Session V: **August 16**

Alex Graham



ADULT BIG BOAT CLINIC

This is a fantastic opportunity if you have taken an introductory sailing course, or have equivalent experience, and want to try out sailing on a 30+ foot keelboat. This full-day sailing clinic will introduce the basics of sailing bigger boats, including the crew roles and skipper responsibilities that go beyond those needed to sail small boats. An intro to big boat racing will be included with the July clinic and an intro to big boat cruising will be included with the August clinic.

\$125

Sundays, 9am-4pm

Session I: **July 24**

Session II: **August 21**



LASER SKILL-BUILDING CLASS

This 3-hour class will help you become a better Laser sailor by fine-tuning your existing sailing skills. Instruction will focus on boat set up, boat handling, and sail trim to maximize your boat speed in a Laser. Prior dinghy sailing experience is required.

\$50/person per session

Wednesdays, 5pm-8pm

Session I: **June 29**

Session II: **July 27**

Saturday, 1pm-4pm

Session III: **August 20**

FRIDAY NIGHT 420 RACING

Celebrate the end of the week! Racing rules are simplified, and each series is great for learning to race or just getting out and sailing with friends. Come in crews of two or come alone and find a partner before the race starts. **Free!**

Fridays, June 17-August 19

(No racing Friday August 5)

Sign up is first come, first served starting at 4:30; crews begin rigging at 5:30. First gun promptly at 6pm.

CORPORATE SAILING LEAGUE

Join us for six weeks of small boat racing as teams go head-to-head on identical 420 dinghy sailboats provided by the Sailing Center (2 people per boat; the skipper/crew may vary each week). Multiple short course races are held each week and racing rules are simplified to emphasize fun. If you're interested in sailing but need more experience, try one of our adult dinghy courses this summer or schedule a private session for your company.

Prerequisites: One person on your team must pass the CSC skipper's test (or have a sailing certification) and attend the orientation session on June 27.

\$250/boat or \$400/2 boats

Mondays, 5:30pm-8pm

Session I: **July 11-August 15**

Sundays, 3:30pm-6pm

Session II: **September 11-October 16**

For more details or to register for the Corporate Sailing League, contact Program Director Mary Ichniowski at (802) 864-2499 or mary@communitysailingcenter.org.

PRIVATE INSTRUCTION

We offer private instruction with certified instructors for people of all skill levels. Private lessons provide a one-on-one experience as a refresher, confidence builder, or introduction to the sport of sailing. Please make reservations at least 48 hours in advance so we can match an instructor and a boat to fit your needs.

Individual

Learn to sail or stand-up paddleboard one-on-one or explore your new sailboat with a certified instructor on board. Students are welcome to bring their own boat for lessons or learn aboard a boat from our fleet.

Dinghy - \$65/hour

Keelboat - \$80/hour

SUP - \$45/hour

Additional person - \$30/hour

Family

Each family's experience will be unique, tailored to your specific goals for the day. Your course can cover all aspects of instruction included in one of our adult courses, or simply focus on the experience of sailing together. Families will learn to sail aboard one of our keelboats. 3-person enrollment minimum.

\$40 per family member/hour

To book an individual or family lesson, visit communitysailingcenter.org or call the CSC at (802) 864-2499.



CELEBRATE WITH THE CSC

Enjoy drinks, music, and friends at one of our popular annual events – see page 15 for dates.

REDEFINE YOUR OFFICE SPACE

Round up your co-workers for a team-building outing on Lake Champlain – learn more on page 14.

SAILING'S NOT YOUR THING?

We also rent kayaks, stand-up paddleboards, and canoes – rates and hours are on page 30.



MORE WATERFRONT FUN

YOGA ON THE DOCK

Start your day with a serene yoga practice on the dock of the Community Sailing Center! Each hour-long, outdoor class will be taught by a certified yoga instructor. All class payments and registrations can be made through Evolution Yoga at evolutionvt.com. If you have any questions about the class or weather cancellations, please contact Evolution Yoga directly.

\$15 drop-in class or purchase a **10-class punch card for \$130** (good for Evolution studio and Yoga on the Dock classes)

Monday, Wednesday, and Friday
7am-8am
June 1-September 2

FLOATING YOGA

Combine two of your favorite sports in this fun and relaxing class. Yoga instructor/owner of Hot Yoga Burlington and USCG Master Captain Bill O'Connor will guide you through the steps of learning to paddle board and then teach yoga poses you can easily do on the board to enhance your land practice and add to your on-water fun! You will also gain tips about paddling on Lake Champlain with awareness to wind, wave, and weather clues as well as secret spots on the lake. Registration is through Hot Yoga Vermont. For more information visit hotyogaburlingtonvt.com.

\$35

Sunday, 8:30am-10am

Session I: **July 10** (Aug. 7 rain date)

Session II: **July 24** (Aug. 7 rain date)



We offer the option for you to design your own custom lessons, programs, and events for times when none of our ready-made opportunities seem to fit. We invite schools, businesses, community organizations, and groups of individuals to give us the chance to work together to build an unforgettable on-water experience. All custom programs feature teamwork, adventure, skill building, and of course, direct access to Lake Champlain.

Custom programs may include:

CORPORATE RETREATS

Develop skills on the water that will reverberate in the office. These programs provide participants opportunities to develop communication, teamwork, and personal responsibility through the medium of sailing.

DINGHY CLASSES

Have an organization or group of individuals who want to learn to sail? You provide the enthusiasm and the Sailing Center will provide the boats and the expertise. This is a great option for youth organizations looking to add sailing to their roster.

For more details or to develop a custom program, contact Program Director Mary Ichniowski at (802) 864-2499 or mary@communitysailingcenter.org.

BIRTHDAY PARTIES

Bring the cake and the presents down to the waterfront! What better way to celebrate than by sailing or paddling with your friends?

KEELBOAT SAILS

Take your crew out for a sail-powered cruise on Lake Champlain. Sails can include basic hands-on instruction as participants rotate through stations critical to the operation of the boat, or focus on relaxation through the simple pleasures of the waves, sun, and the gentle rocking of a boat.

ROCK THE DOCK BENEFIT

July 3

Join us for an unforgettable evening as we ROCK the DOCK with great music and a view of the fireworks display from our prime waterfront location and support the McConnell Scholarship fund.

STAND UP FOR THE LAKE

August 6

Stand Up for the Lake is the only WPA-sanctioned paddle boarding competition in Vermont! Come play on the lake – join in the fun with demos, music, and fabulous prizes, in support of lake-based environmental education.

For more information, please visit standupforthelake.com.

SAILABRATION

August 27

As the season comes to a close, we invite you to join us for a fun afternoon of sailing and paddling to celebrate the commitment of our donors, friends, and families to the mission of the Community Sailing Center. Stick around for snacks and our annual recognition celebration.





SAILING CAMPS

Our camps help young people develop solid skills from the beginner to the advanced and racing sailor. Camps focusing on different skill levels are offered throughout the summer. We use several different boats in our various youth sailing programs. Students get the most out of a program when they are in a class that fits their age, size, ability, and interest.

LITTLE GUPPIES HALF-DAY PROGRAM

It's never too early to start sailing! In this fun introduction to the sport, campers will learn to be comfortable around the water, rig and sail a keelboat, and enjoy their day on the waterfront. *Ages 6-7*
\$195

9am-12pm

Session I: **June 13-17**

Session II: **July 18-22**

LITTLE GUPPIES FULL-DAY PROGRAM

A full-day camp for the youngest of sailors, this week will be filled with sailing basics and age-appropriate outdoor ecology. Campers will engage in hands-on activities each morning followed by an afternoon of sailing aboard our keelboats. *Ages 6-7*
\$375

9am-4pm

Session I: **June 20-24**

Session II: **June 27-July 1**

Session III: **July 5-8**
(4-day session, **\$300**)

Session IV: **August 1-5**

Session V: **August 15-19**

Session VI: **August 22-26**

Note: Some camps require participants to demonstrate certain skills and/or abilities before they can safely take part in camp activities. Pre-requisites vary based on age and program.

LEVEL I

Campers will learn the basics of rigging, points of sail, sailing maneuvers, and safety and recovery in a safe, fun environment. Certified instructors lead a variety of land- and water-based activities designed to promote comfort and independence in the boat.

Ages 8-10 & 11-15

\$375

9am-4pm

Session I: **June 13-17**

Session II: **June 20-24**

Session III: **July 11-15**

Session IV: **July 25-29**

Session V: **August 8-12**

Session VI: **August 15-19**

LEVEL II

This camp is a perfect follow up to the Level I camp or an ideal choice for young sailors who are already comfortable with the basics. Following a review of nomenclature and basic rigging, safety, and sailing maneuvers, sailors will advance to on-the-water activities that consolidate existing skills and teach new ones during longer sails around Burlington Bay.

Ages 8-10 & 11-15

\$375

9am-4pm

Session I: **June 13-17**

Session II: **June 20-24**

Session III: **July 11-15**

Session IV: **July 25-29**

Session V: **August 8-12**

Session VI: **August 15-19**



SUMMER RACE

The Summer Race Program is a 2-week session designed for Level III graduates. This exciting opportunity will build on the advanced skills and sail theory students received in Level III and will include advanced coaching. Campers will also learn racing skills including starts, tactical tips, and winning strategies. Opportunities to compete against local and regional teams are optional for participants. *Ages 11-16*

\$695

This is a two-week camp that runs Monday-Friday.

9am-4pm

Session I: **July 5-15**

(9-day session, **\$625**)

Session II: **August 1-12**

LEVEL III (non-race)

Building on the skills learned in Level I and II, this camp will refine on-the-water skills, boat-handling skills, and introduce advanced equipment. This program is designed for campers looking to advance their sailing skills without a focus on racing. *Ages 11-16*

\$695

This is a two-week camp that runs Monday-Friday.

9am-4pm

Session I: **June 20-July 1**

Session II: **July 18-29**

JR. BIG BOAT SAILING

Apply Level I & II skills to a new challenge – big boat sailing! Spend the week aboard a larger keelboat learning new crew roles and skipper responsibilities that go beyond those needed to sail small boats. Two programs are offered: **cruising course** sailors will learn to maneuver boats over 30' and get introduced to the basics of racing without a spinnaker, while **racing course** sailors will maneuver sport boats and learn the basics of racing with a spinnaker. *Ages 12-16*

\$375

Session I: **June 13-17**

Cruising focus (no spinnaker)

Session II: **August 15-19**

Racing focus (with spinnaker)



MULTI-ACTIVITY CAMPS

The multi-activity camps at the Sailing Center offer unique opportunities for campers on and off the water by pairing the sport of sailing with another sport or activity on land. Camps are delivered in partnership with local community organizations and businesses.

LAKE ADVENTURE

This camp is designed for adventurers who love to play on the lake but would like to do more than just sail on it. We will explore Lake Champlain to the fullest from a variety of watercraft, including canoe/kayak excursions out to Lone Rock Point, paddleboarding to North Beach, and sailing adventures around Burlington Bay. *Ages 8-10 & 11-15*

\$375

9am-4pm

Session I: **June 27-July 1**

Session II: **July 18-22**

Session III: **August 1-5**

Session IV: **August 22-26**

4-DAY LAKE ADVENTURE: STARS & STRIPES

Celebrate the days following the 4th of July while playing on the water! This program is a 4-day version of our popular Lake Adventure camp, a great way to try out Sailing Center programming after your family holiday celebrations.

Ages 8-10 & 11-15

\$300

9am-4pm

Session I: **July 5-8**



20

BIKES & BOATS: CYCLING & SAILING **NEW!**

This unique opportunity connects campers to both the land and water. Mornings are spent cruising Catamount's trails, learning bike handling skills and introductory mechanics. Afternoons take participants down to the lake as they explore the fundamentals of sailing. *Ages 8-10*

\$375

8am-4pm

Session I: **July 25-29**

Community Partner:
Catamount Outdoor Family Center

ROCK THE BOAT: CLIMBING & SAILING

Do you want to rock out your summer with a week of climbing and sailing? Campers will explore Petra Cliffs climbing center, ropes courses and other activities in addition to learning and improving on the fundamental skills of sailing small boats on Lake Champlain. At the end of the week, campers will spend a full day sailing at the CSC and a full day climbing in Bolton. *Ages 8-11 & 12-16*

\$360

9am-4pm

Session I: **June 27-July 1**

Session II: **August 1-5**
(Girls only, ages 11-15) **NEW!**

Community Partner: Petra Cliffs

SKIPPERS & CHEFS: COOKING & SAILING

This week-long camp offers adventures indoors and outdoors. Campers will start their day on the water learning the fundamental skills of sailing small boats on Lake Champlain. Afterward, they will embark on a variety of organic and local culinary pursuits in the kitchen with their resident chef-instructor, culminating with a tasty lunch. *Ages 9-12*

\$450

9am-12pm

Session I: **June 27-July 1**

Session II: **August 1-5**

To accommodate food allergies and other dietary concerns, all Cooking & Sailing paperwork must be returned no later than two weeks prior to the start of camp. Closed-toe shoes required for this camp. Because there may be traces of nuts, gluten, and other food allergens in the Healthy Living Learning Center, we are unable to accommodate campers with certain food allergies. Please contact clarinac@healthylivingmarket.com for any questions.

Community Partner:
Healthy Living Market and Café

Camper pick-up and drop-off for some camps may alternate between the Sailing Center and our community partner sites.

SAILORS & SCIENTISTS ALL-GIRLS STEM & SAILING **NEW!**

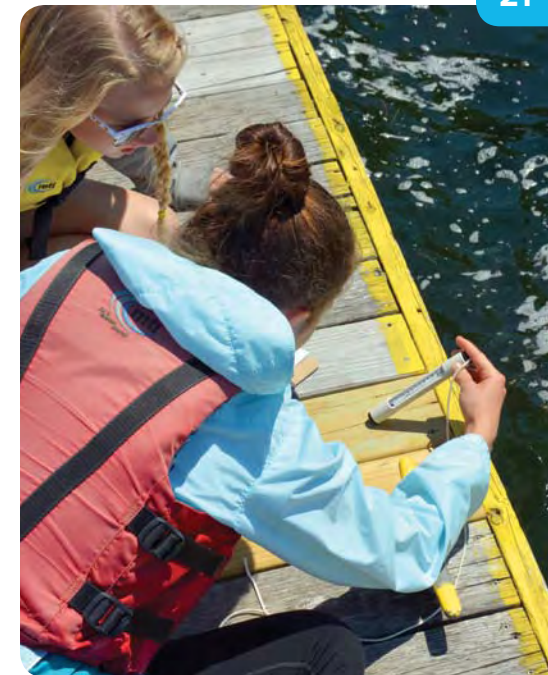
Take science to the lake! Each morning will begin with the basics of sailing on keel boats at the Sailing Center followed by afternoons at ECHO discovering what it means to be a freshwater biologist and designing your very own water sampling equipment! Our major project will be designing your very own plankton net and testing it as you set sail on a keel boat. *Ages 8-12, girls only*

\$350

9am-4pm

Session I: **June 20-24**

Community Partner: ECHO
Leahy Center for Lake Champlain



21

ALOHA PADDLE CAMP :**SUP & DRAGON BOAT NEW!**

Get stoked for a week of paddling on Lake Champlain! In this week-long camp participants are introduced to two of the coolest and fastest-growing water sports in the world - stand-up paddleboarding (an ancient Hawaiian pastime) and dragon boat racing (an ancient Chinese tradition). Participants learn paddling techniques, safety, balance, steering, drumming, and racing strategy. Campers are encouraged to participate in Stand Up for the Lake paddleboard event on August 6th - a great way to showcase their skills just off the shores of Oakledge Park! Campers will be encouraged to participate in the youth races and showcase their skills just off the shores of Waterfront Park! *Ages 11-15*

\$375**9am-4pm**Session I: **July 25-29**

Community Partner:

Malia Paddling & Racing Club

**BOARDS & BOOMS:****SKATEBOARDING & SAILING**

Come break in the brand new skate park down on the waterfront with this week-long camp. Enjoy the close proximity of these two dynamic sites. Campers will spend mornings perfecting their skateboarding skills and afternoons learning how to sail small boats on Lake Champlain. *Ages 8-15*

For more information and registration, please visit www.enjoyburlington.com

9am-4pmSession I: **June 13-17**

Community Partner:

Burlington Parks, Recreation, & Waterfront

**BUBBLES & BREEZE:****SCUBA & SAILING**

Experience the lake from above and below the water! Campers will learn basic snorkeling and scuba skills to explore the lake's aquatic habitat in the morning, then experience the excitement and skill of sailing in the afternoon. Youth with asthma, diabetes, and epilepsy are unable to participate in this camp. *Ages 12-16*

\$400**9am-4pm**Session I: **July 18-22**Session II: **August 1-5**

Community Partner:

Waterfront Diving Center

CATCH THE STROKE:**WINDSURFING & SAILING**

Get pumped and learn two sail-powered sports in one week! Every morning you'll learn the basics of sailing small boats at the CSC and then in the afternoon you'll head down the waterfront to the beach to windsurf. There, you will learn to rig your own gear then get out on the water to learn the basics of tacking, jibing and going upwind *Ages 11-15*

\$350**9am-4pm**Session I: **July 11-15**Session II: **August 8-12**

Community Partner: WND&WVS

ADDITIONAL YOUTH OPPORTUNITIES

EARLY DROP-OFF

Come to camp early and we will start all the fun before camp begins.

Ages 8 and up

8am-9am

\$40 per week

LATE PICKUP

Stay at camp late to continue the day's fun.

Ages 8 and up

4pm-5:30pm

\$55 per week

SATURDAY FREE SAIL

Each Saturday, campers can use our dinghy boats for free! A sailing instructor will oversee the safe use of the boats. Join fellow students, meet new friends, and build sailing skills by having fun and spending time on the water. Sign-up required and campers must have completed at least one full-week of Level I, II, or III prior to using the boats.

Ages 8-10 and 11-15 **FREE!**

Saturdays, 10am-1pm

No free sail August 6 and 13.

JUNIOR INSTRUCTOR TRAINING CAMP

All Junior Instructors must be 15-18 years old, have taken a Level II camp or equivalent, and have a good attitude and a willingness to work. The program requires a commitment of at least two weeks over the summer, Monday-Friday 9am-4pm.

Attendance at the first session is required for all those wishing to participate in our Junior Instructor program for summer 2016. The second session is great for sailors hoping to join us as JIs in 2017.

In this one week training course, Junior Instructors (JIs) will learn the basics of what it means to be a part of the support staff at the CSC. In this camp, JIs will learn the daily flow at the Sailing Center, how to rig, sail, and care for our fleet, how to deliver camp curriculum with seasonal staff, and how to positively support campers. *Ages 15-18*
\$300

(JI's who complete the minimum 2 week requirement or stay for 4 weeks can receive a rebate on this fee after their service)

9am-4pm

Session I: **June 13-17**

Session II: **August 15-19**

For more information, please contact Program Director Mary Ichniowski at mary@communitysailingcenter.org.

NORTHERN VERMONT HIGH SCHOOL SAILING TEAM

The Community Sailing Center coaches high school sailors from around the region through the Northern Vermont High School Sailing Team, each season offering young sailors the chance to develop their skills and compete throughout New England. The team is open to any student in good standing attending public, private, or home school in Chittenden and surrounding counties. The team practices together approximately three days a week after school, with occasional weekend regattas at home or away.

Spring Session: **April 18-May 27**
\$415

Spring sailing prerequisite: must have sailing experience at the intermediate level.

Fall Session: **August 22-October 14**
\$525

For more information and to find out how to get your school involved, please contact Program Director Mary Ichniowski at mary@communitysailingcenter.org.

PERFORMANCE SAILING

SUMMER RACE PROGRAM

The Summer Race Program is a 2-week session designed for Level III graduates. This exciting opportunity will build on the advanced skills and sail theory students received in Level III and will include advanced coaching. Campers will also learn racing skills including starts, tactical tips, and winning strategies. Opportunities to compete against local and regional teams are optional for participants. *Ages 11-16*
\$695

This is a two-week camp that runs Monday-Friday.

9am-4pm

Session I: **July 5-15** (9 days, **\$625**)

Session II: **August 1-12**

As with all Sailing Center programs, scholarships are available through the **McConnell Scholarship Fund**, providing access to the world of competitive sailing to all interested high school students. Please contact Program Director Mary Ichniowski at mary@communitysailingcenter.org for more information.



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REGISTRATION DETAILS

Early registration is encouraged. You can register for any program online, by phone, in person, or by mail. Registration forms can be found on our website; please submit one registration per student.

LIABILITY WAIVER

All students must submit a signed liability waiver prior to the start of each program. Waivers can be found on our website.

PAYMENT

A non-refundable, non-transferable deposit of \$100 for each program must accompany the registration. Full payment by check or credit card is due by June 1st. Balances for fall programs must be paid in full by August 14.

PROGRAM CONFIRMATION

After registration, students will receive an email confirming their spot in the given program. Other pertinent information will be sent a few weeks prior to each program.

WAITING LISTS

Students who are placed on waiting lists will be contacted if space becomes available.

WITHDRAWALS/CANCELLATIONS

Please give us 30 days' notice in order to secure a refund (excluding \$100 non-refundable deposit) and open your space to another sailor. No refunds or credits will be issued within one month of any program. Tuition fees less \$100 will be refunded with approved medical excuse. The Community Sailing Center reserves the right to cancel programs with insufficient registration and provide refunds, or to discontinue student participation in the unlikely event of persistent disruptive behavior.

Questions?

We're always happy to help with class/camp selection, placement, and other inquiries. Contact us at (802) 864-2499 or info@communitysailingcenter.org.

M.P. Hogan Photography



CSC MCCONNELL SCHOLARSHIP FUND

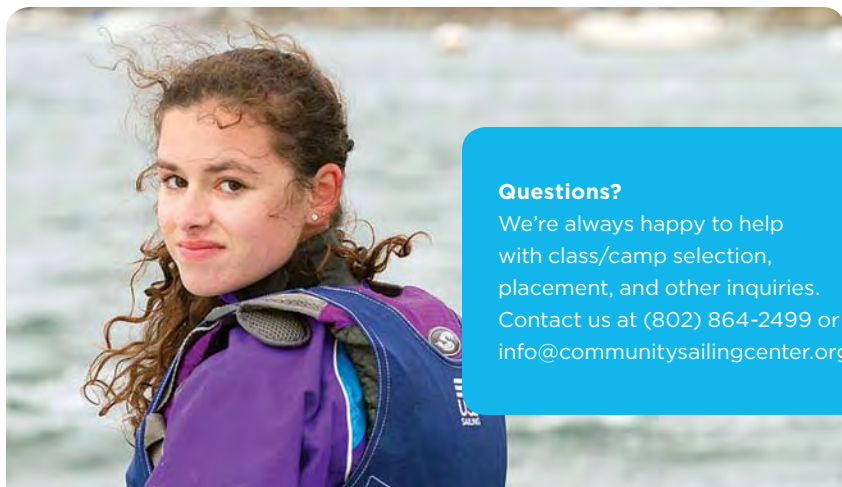
This scholarship means everyone can afford to play on the lake. In 2015, the McConnell Scholarship Fund helped many kids, teens, adults, and families access Lake Champlain.

Mike McConnell's love for the lake inspired the scholarship fund in his name to support access to Lake Champlain for anyone in our community - regardless of age, ability, race, religion, or economic circumstances.

To apply, please fill out the online McConnell Scholarship Request Form and enclose a \$100 deposit to hold your space in the class. Scholarship decisions will be made within 10 days of submitting a complete application.

Request forms can be mailed to:
Community Sailing Center
Attn: McConnell Scholarship Fund
P.O. Box 64818
Burlington, Vermont 04506

If you have any questions about the scholarship program please email Program Director Mary Ichniowski at mary@communitysailingcenter.org.





Shayne Lynn Photography

BOAT STORAGE

The Community Sailing Center is home to sail- and human-powered boats of all kinds and sizes. We are especially well suited to house your kayaks, canoes, rowing dinghies, Lasers, Sunfish, and boats 12-24' on trailers. Winter and summer storage is available.

Those who store their boats with us are given:

- The combination to the gate locks, which allows for 24-hour access to the boat park
- Use of dollies for ease in launching
- The option of purchasing a hoist pass for unlimited hoist usage

Summer Storage:
May 7-October 31

Winter Storage:
November 1-May 14, 2017

RACK SPACE

(Laser, Sunfish, canoe, kayak, sailboard, etc.)

\$200 - Rack storage for one boat
\$75 for each additional boat that fits on the same rack

GROUND STORAGE

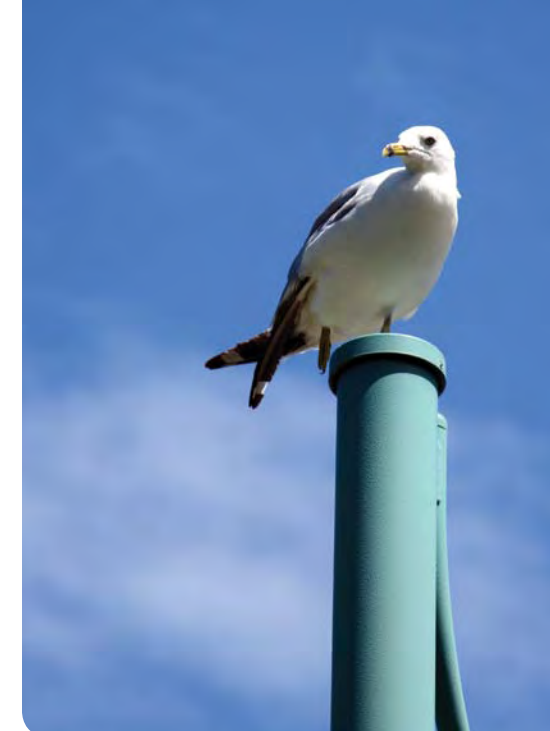
(charged by the foot at varying rates per length)

\$19/foot - Boats 14' and under
\$20/foot - Boats 15' to 18'
\$21/foot - Boat 19' and up, tri/catamarans & motorboats
\$75 for each additional boat that fits in your allotted ground space.

HOIST USE

Hoist users must provide their own lifting equipment.

\$4/foot - One-time use
\$8/foot - Season use



PLAY ON THE LAKE

We really love having adventures on the lake, and we're excited about sharing the fun with as many people as possible. The Sailing Center provides many ways to play on the lake through our rental program. When you rent one of our sailboats, kayaks, canoes, or paddleboards, we'll also include life jackets and paddles along with some safety basics.

There's a 1-hour minimum rental time for all rentals, but if you're having so much fun you don't want to come in, you can extend your rental in 30-minute blocks (charges are pro-rated when you come into shore).

HOURS OF OPERATION

Spring season

May 28-June 5
Weekends 10am-6pm

Summer season

June 11-September 5
Weekdays noon-8pm
Weekends 9am-8pm

Fall season

September 6-October 10
Weekends 10am-6pm

Holiday hours:

Memorial Day (5/30) 10am-6pm
4th of July 10am-8pm
Labor Day (9/5) 9am-8pm
Columbus Day (10/10) 10am-6pm

Closed May 29, June 6-10, July 3, and August 6, 13-14, 27 and 28.*

*Limited access for Sailabration

HOURLY RENTAL RATES

Keelboat **\$55**
Dinghy **\$30**
Paddling (kayak, canoe, SUP) **\$15**

SEASON PASSES

All season pass holders are also entitled to use canoes, kayaks, and paddleboards based on availability

Student Dinghy Pass **\$215**

Individual Dinghy Pass **\$325**

Individual All Access Pass: includes keelboat or dinghy **\$550**

Family All Access Pass: boats can be rented by any qualified family member listed on pass; includes keelboat or dinghy **\$750**

Renters must provide proof of sailing experience by showing U.S. Sailing certification or taking the written CSC Sailing Rental Test. Depending on wind and weather conditions the Sailing Center may also require a practical on-water test. All renters are subject to the rules, boundaries and regulations of the Community Sailing Center. Minimum age to act as skipper of a rental boat is 8 years old. Passengers must be 6 years old for keelboat rentals and 8 years old for dinghies, canoes, paddleboards, and kayak rentals. A deposit is required for all renters.

Passes are sold on an individual or family basis only. All passes are non-transferable. For individual passes, the pass holder must be present during rental and is entitled to one CSC boat per pass. Only individuals listed on the family pass may rent boats. Rental passes are only valid for the season during which they are purchased.



YOU'RE A VALUED PART OF OUR COMMUNITY.

We provide award-winning, diverse programming only because of the hard work, enthusiasm, and time donated by our dedicated volunteers. Joining our volunteer program is a great way to get involved at the CSC and earn free rental hours! There is a lot of work to do, but there is no sailing experience required. Volunteer projects vary greatly, and some projects include:

- Boat and facility maintenance and upkeep
- Seasonal preparation and winterization
- Building projects and construction
- Open house and special events
- Weekend rental assistance
- Community outreach events such as camp fairs and festivals

For more information or to request an application, please visit our website or contact Education & Outreach VISTA Dayna McRoberts at (802) 864-2499 or by email at dayna@communitysailingcenter.org.



Follow us on Twitter
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Sign up for email updates at
communitysailingcenter.org

The Burlington community is coming together to develop a world-class...

Sailing Education Center & Community Waterfront Campus

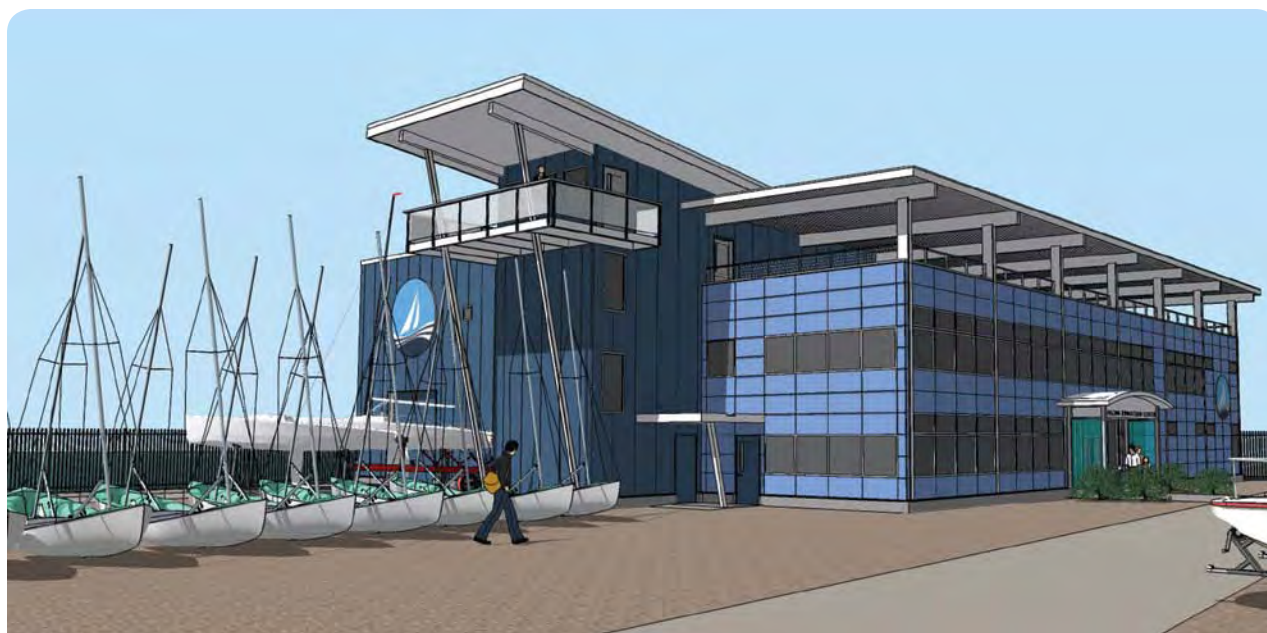
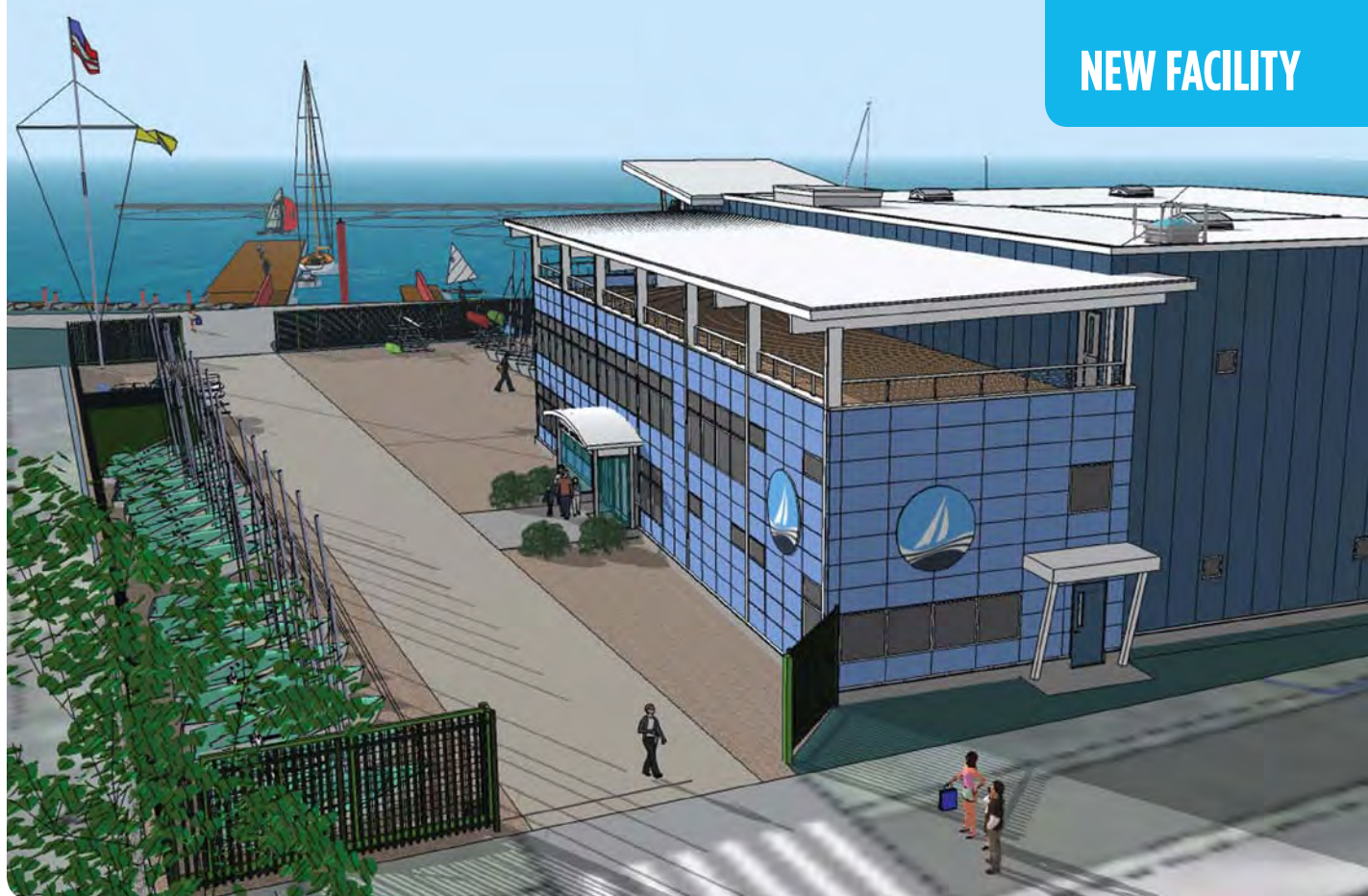
Powered by the *Get on Board* campaign, this new facility will ensure public access to Lake Champlain, programs for experiential learning, and recreational opportunities for generations to come. It will operate as the new home of the Community Sailing Center, serving over 6,000 people each year and providing programming in partnership with dozens of local community organizations, schools, and businesses.

The 21,180-square-foot education center on nearly an acre of campus will include:

- classroom space for year-round learning
- new boats & docks
- restroom facilities & locker rooms
- indoor storage
- staff offices
- maintenance facilities

With the whole community on board, we will build a better future for Burlington's waterfront – one that benefits *everyone*.

NEW FACILITY



NEW FACILITY

35

NEW FACILITY

34

CONTACT US

MAILING ADDRESS

Community Sailing Center
P.O. Box 64818
Burlington, VT 05406-4818

TELEPHONE

(802) 864-2499

EMAIL

info@communitysailingcenter.org

WEB

communitysailingcenter.org

2016 SEASON

Spring Season

April 18-June 5

Summer Season

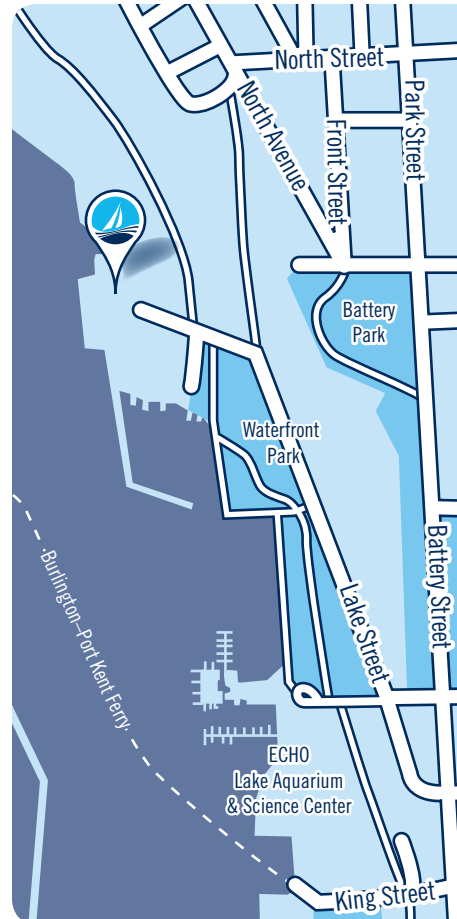
June 11-September 5

Fall Season

September 8-October 14

DIRECTIONS

The Community Sailing Center is located on Burlington's Waterfront just north of the U.S. Coast Guard Station. To reach us by car, follow Lake Street past Waterfront Park and turn left at the railroad tracks. Head straight towards the lake, between two brick buildings into the Fishing Pier parking lot. You can also bike or walk here along the Burlington Bike Path.



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