

LOVE YOUR LAKE

2017 PROGRAM & EVENT GUIDE

COMMUNITYSAILINGCENTER.ORG

CONTENTS





Welcome to the **Community Sailing Center,** a non-profit organization located on the shores of Lake Champlain that invites everyone to the Burlington waterfront to experience and share all the lake has to offer.

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CONSTRUCTO

OUR MISSION:

The Community Sailing Center encourages the responsible use and long-term stewardship of Lake Champlain by fostering educational and recreational opportunities for all members of our community.

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The US Sailing Community Sailing Accreditation Program acknowledges organizations that exemplify the highest level of boating education and public access nationwide. These sailing organizations routinely offer sailors the highest level of education through U.S. SAILING reviewed and approved curricula, a proven track record, quality equipment and facilities, and strong safety protocols.

Awarded to the Community Sailing Center in 2011.

DEAR FRIENDS,

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Welcome to the Pomerleau Community Waterfront Campus and Raymond P. Sullivan Sailing Education Center! 2017 heralds a new beginning for the Community Sailing Center in so many ways. The new facilities will transform opportunities for **Lake Access. Life Lessons. For All.** for decades to come. And as the campaign and project near completion, new leadership will take the helm of the CSC to steer the organization to its next milestones on the horizon. Thank you for supporting us as we create this vital centerpiece for connecting so many in our lake-based community.

With our groundbreaking last fall and completion of the building and yard early this summer, the vision for the future of the CSC and its role on the Burlington Waterfront has become a reality. Our Net Zero energy building and Sustainability Initiative will provide us with an educational facility to model operational best practices to minimize our environmental effects and maximize utilization of our resources for programming and community impact. Energy efficiency, low impact design, and leading by example are part of the experiential learning opportunities we share in all of our programs, whether it's sailing, paddling, or just watching kids have a blast playing on their lake!

From the board, staff, volunteers and clients of the Center, we invite you to Love Your Lake with us as we transform the community with a new lakeside hub on the waterfront. Come down and discover the remarkable people and programs that will link you to Lake Champlain – the biggest thing any of us will ever own!!

Mark Naud Executive Director





ABOUT THE COMMUNITY SAILING CENTER

The following people have donated their expertise and time to create, maintain, and pave the way for the Sailing Center's future. They are all dedicated to helping the CSC achieve its long-term goals.

BOARD OF TRUSTEES

Marcel Beaudin, Founding Director Dale Hyerstay, Founding Director Fritz Horton Marilyn McConnell Melinda Moulton Ernie Pomerleau Patrick Robins Jan Rozendaal William Shearer

BOARD OF DIRECTORS

Will Patten. Chair Karen Marshall, Vice Chair Jeremy Kent, Secretary Blain Newton, Treasurer Jeanne Blackmore Bob Bloch Pat Burns Jessica Bridge Ted Castle Lindsay DesLauriers Sandy Jacobs Elizabeth Langfeldt Grant Leibersberger Tom Porter Marc Sherman Jill Spell Scott Willard

LEADERSHIP

The Community Sailing Center team is enthusiastic, energetic, and diverse. We have a small, core group of year-round staff members that is supplemented with additional staff throughout the year.

Mark Naud Executive Director mark@communitysailingcenter.org

Jen Guimaraes Associate Director jen@communitysailingcenter.org

Colin Davis Operations Director colin@communitysailingcenter.org

Mary Dowd Program Director mary@communitysailingcenter.org

Morgan LaPointe Education & Outreach Coordinator morgan@communitysailingcenter.org

Caroline Maxwell Development Coordinator jimmy@communitysailingcenter.org

Adam DesLauriers Marketing & Event Coordinator adam@communitysailingcenter.org

SIGNATURE PROGRAMS



The Community Sailing Center's mission is to encourage and celebrate the responsible use and long-term stewardship of Lake Champlain by delivering educational and recreational opportunities for all members of our community. In 2016, these programs brought lake-based education and access to 2,095 participants, 43% whom sailed for the first time ever this summer. We are very fortunate to have 71 collaborative partners working with the Community Sailing Center to provide these enhanced learning opportunities and other programs.

We have developed four specific programs that provide a unique approach using Vermont's greatest natural resource, Lake Champlain, and the sport of sailing to address key issues in our community.

FLOATING CLASSROOMS

Creating future stewards of Lake Champlain

This program uses locally relevant science curriculum and experiential learning to engage Vermont students in STEM (Science. Technology, Engineering and Math) education using Lake Champlain as a platform for discovery and learning, and sailing as a medium to deliver each lesson. Students learn on shore and lessons are enhanced while sailing on Lake Champlain aboard our keelboats. CSC educators visit the classroom in the winter, creating a full year program for students. Each lesson is aligned with Vermont's Next Generation Science Standards and the Common Core.

LEADER SHIP

Supporting personal development and life skills training

Sailing provides the ideal medium for the skill-building, teamwork, and positive connections that support local youth in developing the character skills necessary to thrive in school, at home, and as a part of their community. The Leader Ship program brings a crew of young sailors together to overcome challenges and learn about themselves and each other. Each participant will learn to sail a keelboat while sharpening their communication and collaboration skills.



We are very fortunate to have many dedicated collaborative partners working with the Community Sailing Center to provide these enhanced learning opportunities.

If you or your organization is interested in learning more about our Signature Programs, please contact Program Director, Mary Dowd at (802)864-2499, or email mary@communitysailingcenter.org.



ADAPTIVE WATERSPORTS PROGRAM

Leaving dependence on the dock

The AWP is an active collaboration with Vermont Adaptive Ski & Sports (VASS), Special Olympics Vermont and their clients that supports people with physical and cognitive disabilities to realize their goals using adapted teaching methods and an array of adaptive equipment. Programs vary between introductory recreational sailing to sail training with athletic competition for children and adults. The AWP provides an invaluable point of access to Lake Champlain and facilitates positive change in participants' self-confidence, leadership, and teamwork. Participants learn the skills of sailing in our fleet of specially adapted sailboats, including a 23-foot keelboat, the Martin 16, and various paddlecraft. To learn more about program offerings and to sign up, visit vermontadaptive.org

Community Partners: Vermont Adaptive Ski & Sports vermontadaptive.org and Special Olympics Vermont specialolympicsvermont.org

WOMEN IN WIND

Leadership. Communication. Collaboration.

Women in Wind (WIW) cultivates alliances between every generation of women in our community through the power and grace of sailing. Sailing utilizes progressive skill building and a positive learning environment to empower women and girls through innovative, customized programs. It's an experience with lasting impact that includes personal challenged, time for reflection, and leadership and communication training.



WIW SAILING COURSES

If you're new to the sport or have completed a dinghy learn to sail course, join this fun group of female sailors for programs on small boats and keelboats in a relaxed environment to build your sailing knowledge with a group. At the end of each session participants have improved small boat sailing skills, increased self-confidence on and off the water, and are part of a new crew of women sailors. Includes a 2-hour rental pass valid for the 2017 season only and a class textbook.

Weekly Dinghy Course Thursdays, 5-8pm June 22 & 29, July 6, 13, 20 First-timers: \$300 Returning sailors: \$150

Weekday Dinghy Course Monday-Friday, 5-8pm July 17-21 First-timers: \$300 Returning sailors: \$150

Keel Boat Course

Monday-Friday, 5-8pm June 26-30 First-timers: \$320 Returning sailors: \$160



WIW BIKE & PADDLE

In partnership with the Catamount Outdoor Family Center, women will connect with both the land and the water in this one day biking and stand up paddleboarding clinic. Taught by women, for women, this encouraging clinic teaches basic mountain bike handling skills in the morning and will explore the fundamentals of stand up paddling in the afternoon. Enjoy a day of confidence building, exploration and camaraderie. Bring your own bike or rent from Catamount Outdoor Family Center. Participants start the day at Catamount and are responsible for transport at lunch to the CSC, where the program will conclude at 4:30pm. \$100

Saturday, July 15, 8:30am-4:30pm

WIW SUMMER EVENTS

Join us for a festive experience on the waterfront! Events include on-water recreation (sailing or paddling, weather dependent) around Burlington Bay. Afterwards participants meet on the deck for refreshments, and time to connect with each other.

Spring Kick-off in partnership with SheJumps: **June 3, 1-4pm** (rain date: June 17) *If you can't make it to the waterfront for programming join us at 4pm for a social hour to learn more about this summer's WIW offerings.*

Summer Soiree in partnership with the Greater Burlington Women's Forum: August 10, 5:30-7:30pm

WIW ROCK THE BOAT

Join us for a full day of fun experiencing two radical sports: climbing and sailing. Start your day learning the ropes of indoor climbing with our community partner Petra Cliffs. Then head down to the water and spend the afternoon sailing with the Community Sailing Center on our keelboats. This is an introductory opportunity to experience these two dynamic sports in a warm and inclusive atmosphere. **\$100**

Saturday, June 10, 9am-4pm

WIW SUP YOGA

Ease into Stand up Paddle Boarding and SUP Yoga at the Community Sailing Center. Class begins with basic SUP and paddle stroke instruction on land, followed by a guided paddling warm up, and finally out to a water "studio" best suited to the weather conditions of the day. Here students embark on a series of yoga postures designed to bring awareness to balance and alignment. Participants practice strengthening and stretching postures while experiencing a deep connection to the natural world. SUP Yoga is guaranteed to invigorate, relieve stress, and leave you feeling empowered and centered. \$45/session or \$150 for all 4 sessions

Thursdays, 5:30pm-7:30pm Session 1: August 3 Session 2: August 10 Session 3: August 17 Session 4: August 24





WATER. ACCESS. VITALITY. EDUCATION. STEWARDSHIP.

We all are the collective voice for Lake Champlain, Vermont's greatest natural resource. The health of our lake is vital to the cultural and economic development of our community, and therefore we consider the lake environment foremost in the development of all our programs and our new facility. Our core values of Water, Access, Vitality, Education, and Stewardship (WAVES) guide the organization and hold us accountable to this mission.

To ensure our role as lake stewards and prepare the next generation of active lake stewards we work diligently in educating all CSC visitors about sustainability, utilizing our brand new net-zero facility, green boatyard and site design, and best practices through programs and operations as a platform for community engagement. WAVES elements include:

Educational Programming:

CSC students participate in environmental education curriculum that includes experiential lessons, connecting them to the lake's ecosystem and history. Our building provides another resource for education programs as we grow.

Marine Debris Challenge: Partnering with the Rozalia Project's, every week a group of youth picks up litter before it enters Lake Champlain. They become scientists as they sort trash, talk about decomposition and tally data for a national database.

Clean Regattas: We partner with Sailors for the Sea to certify sustainable regattas and utilize best practices to reduce impacts from our on-the- water events. **Zip 2 Water:** With the support of 11th Hour Racing, we provide a Zip 2 Water mobile filtration system to reduce plastic waste and encourage refillable water bottle usage.

Lay Monitoring: Staff and students are citizen scientists with the Vermont Department of Environmental Conservation conducting tests for water quality indicators: phosphorus, chlorophyll, turbidity, and invasive species. Data is compiled by the state culminating in an annual report on the lake's water quality.

Blue-Green Algae Monitoring: With the Lake Champlain Committee (LCC), we monitor for blue-green algae blooms in Burlington Harbor.

ADULT PROGRAMS



SAILING

SAILING BASICS: DINGHY COURSE

Dinghies offer an excellent opportunity to get an active, handson introduction to the sport of sailing. Our boats are 12-14 feet long and seat two adults. You will learn how to right a capsized boat on your first day of class! These fun vessels bring you close to the water, allowing you to feel how the waves and wind affect the boat immediately. An added bonus to this 15-hour course is the thrill of getting wet while recreating on Lake Champlain. Includes a 2-hour rental pass valid for the 2017 season only and class textbook, Start Sailing Right. \$300

Weekdays

Monday-Friday, 5pm-8pm Session 1: July 10-14 Session 2 (women only): July 17-21 Session 3: July 31-August 1

Weekend

Saturdays, 9am-5pm Session 4: June 24 & July 1 Session 5: August 5 & 12

SAILING BASICS: KEELBOAT COURSE

If you have never experienced big-boat sailing or enjoy the more relaxed side of the sport, then keelboats are the right boat for you. Unlike the dinghy course you will be in a boat with several adults and an instructor, all learning how to sail together. Everyone will have an opportunity to trim sails, steer the boat, and approach a mooring. This 15-hour keelboat class gives you more time to observe your peers at work and take in the sights and sounds of Lake Champlain. Includes a 2-hour rental pass valid for the 2017 season only and class textbook, Start Sailing Right. \$320

Weekdays Monday-Friday, 5pm-8pm Session 1: June 19-23 Session 2 (women only): June 26-30 Session 3: July 24-28

Weekend

Saturdays, 9am-5pm Session 4: **June 3 & 10** Session 5: **July 8 & 15** Session 6: **July 22 & 29**



FIRST SAIL NEW!

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ADULT PROGRAMS

Have you ever wanted to learn how to sail? Here is your chance! If you aren't sure if sailing is right for you or if you do not have time for a full course, this program will get you out on the water. In partnership with US Sailing's First Sail initiative, we are offering several opportunities this season for you to have your first experience in a sail boat on Lake Champlain. The program is conducted on a keelboat with a certified US Sailing instructor on board and all participants receive access to an online learning course from US Sailing.

First Sail with Foam Brewers \$45/person Saturdays, 1pm-3pm followed by social hour at Foam Brewers Session 1: June 3 Session 2: July 1 Session 3: August 5 Session 4: September 2 Session 5: October 7 Community Partner: Foam Brewers

Co-ed First Sail

\$40/person Saturdays, 1pm-3pm Session 1: July 8 Session 2: July 22 Session 3: August 26

Evening First Sails

\$40/person Tuesdays, 5:30pm-7:30pm Session 1: June 20 Session 2: July 11 Session 3: August 1 Session 4: August 15

ADULT BIG BOAT CLINIC

This is a fantastic opportunity if you have taken an introductory sailing course, or have equivalent experience, and want to try out sailing on a 29-34 foot keelboat. This full-day sailing clinic will introduce the basics of sailing bigger boats, including the crew roles and skipper responsibilities that go beyond those needed to sail small boats. An intro to big boat racing will be included with the July clinic and an intro to big boat cruising will be included with the August clinic. **\$125**

Sundays, 9am-4pm Session 1: July 16 Session 2: August 20

LASER SKILL-BUILDING CLASS

This 3-hour class will help you become a better Laser sailor by finetuning your existing sailing skills. Instruction will focus on boat set up, boat handling, and sail trim to maximize your boat speed in a Laser. Prior dinghy sailing experience is required. **\$50/person per session**

Wednesdays, 5pm-8pm Session 1: July 5 Session 2: July 19 Session 3: August 16



CORPORATE SAILING LEAGUE

Join us for six weeks of small boat racing as teams go head-to-head on identical 420 dinghy sailboats provided by the Sailing Center (2 people per boat; the skipper/crew may vary each week). Multiple short course races are held each week and racing rules are simplified to emphasize fun. If you're interested in sailing but need more experience. try one of our adult dinghy courses this summer or schedule a private session for your company. Prerequisites: One person on your team must pass the CSC skipper's test (or have a sailing certification) and attend an orientation session. \$250/boat or \$400/2 boats

Mondays, 5:30pm-8pm Session I: July 10-August 7

For more details or to register for the Corporate Sailing League, contact Program Director Mary Dowd at (802) 864-2499 or mary@communitysailingcenter.org.

FRIDAY NIGHT 420 RACING

Celebrate the end of the week! Racing rules are simplified, and each series is great for learning to race or just getting out and sailing with friends. Come in crews of two or come alone and find a partner before the race starts. **Free!**

Fridays, June 22-August 24

Sign up is first come, first served starting at 4:30; crews begin rigging at 5:30. First gun promptly at 6pm.

CELEBRATE WITH THE CSC

Enjoy drinks, music, and friends at one of our popular annual events - see page 15 for dates.

REDEFINE YOUR OFFICE SPACE

Round up your co-workers for a team-building outing on Lake Champlain - see more on page 14.

SAILING'S NOT YOUR THING?

We also rent kayaks, stand-up paddleboards, and canoes - rates and hours are on page 30.

PRIVATE INSTRUCTION

We offer private instruction with certified instructors for people of all skill levels. Private lessons provide a one-on-one experience as a refresher, confidence builder, or introduction to the sport of sailing. Please make reservations at least 48 hours in advance so we can match an instructor and a boat to fit your needs.

Individual

SUP - \$45/hour

Learn to sail or stand-up paddleboard one-on-one or explore your new sailboat with a certified instructor on board. Students are welcome to bring their own boat for lessons or learn aboard a boat from our fleet. Dinghy - \$65/hour Keelboat - \$80/hour

Additional person - \$30/hour

Family

Each family's experience will be unique, tailored to your specific goals for the day. Your course can cover all aspects of instruction included in one of our adult courses, or simply focus on the experience of sailing together. Families will learn to sail aboard one of our keelboats. 3-person enrollment minimum. \$40 per family member/hour

To book an individual or family lesson, visit communitysailingcenter.org or call the CSC at (802) 864-2499 or email Program Director Mary Dowd at mary@communitysailingcenter.org.

ADULT PROGRAM PROGRESSION

Pedal and Paddle Climb and Sail

	BEGINNER	INTERMEDIATE	ADVANCED
CO-ED PROGRAMS	First Sail Foam First Sail Dinghy Basics Keelboat Basics Private Lesson SUP, Kayak, & Canoe Rentals Yoga on the Dock Floating Yoga Corporate & Custom Programs	Laser Skill Building Adult Big Boat Private Lesson Sailboat Rentals	Friday Night 420 Racing Corporate Sailing League Sailboat Rentals
	BEGINNER	INTERMEDIATE & ADVANCED	
WOMEN IN	Dinghy Basics Keelboat Basics SUP Yoga	Mentor in <i>Learn to Sail</i> Courses	







We offer the option for you to design your own custom lessons, programs, and events for times when none of our ready-made opportunities seem to fit. We invite schools, businesses, community organizations, and groups of individuals to give us the chance to work together to build an unforgettable on-water experience. All custom programs feature teamwork, adventure, skill building, and of course, direct access to Lake Champlain.

Custom programs may include:

CORPORATE RETREATS

Develop skills on the water that will reverberate in the office. These programs provide participants opportunities to develop communication, teamwork, and personal responsibility through the medium of sailing.

DINGHY CLASSES

Have an organization or group of individuals who want to learn to sail? You provide the enthusiasm and the Sailing Center will provide the boats and the expertise. This is a great option for youth organizations looking to add sailing to their roster.

BIRTHDAY PARTIES

Bring the cake and the presents down to the waterfront! What better way to celebrate than by sailing or paddling with your friends?

KEELBOAT SAILS

Take your crew out for a sail-powered cruise on Lake Champlain. Sails can include basic hands-on instruction as participants rotate through stations critical to the operation of the boat, or focus on relaxation through the simple pleasures of the waves, sun, and the gentle rocking of a boat.

For more details or to develop a custom program, contact Program Director Mary Dowd at (802) 864-2499 or mary@communitysailingcenter.org.

MORE WATERFRONT FUN

YOGA ON THE DOCK

Start your day with a serene yoga practice on the dock of the Community Sailing Center! Each hour-long, outdoor class will be taught by a certified yoga instructor. All class payments and registrations can be made through Evolution Yoga at evolutionvt.com. If you have any questions about the class or weather cancellations, please contact Evolution Yoga directly. **\$15 drop-in class** or purchase a 10-class punch card for \$130 (good for Evolution studio and Yoga on the Dock classes)

Monday, Wednesday, and Friday 7am-8am June 1-September 1

FLOATING YOGA

Combine two of your favorite sports in this fun and relaxing class. Yoga instructor/owner of Hot Yoga Burlington and USCG Master Captain Bill O'Connor will guide you through the steps of learning to paddle board and then teach yoga poses you can easily do on the board to enhance your land practice and add to your on-water fun! You will also gain tips about paddling on Lake Champlain with awareness to wind, wave, and weather clues as well as secret spots on the lake. Registration is through Hot Yoga Vermont. For more information visit hotvogaburlingtonvt.com. \$35

Sunday, 8:30am-10:30am Session 1: July 30 Session 2: August 6 Session 3: August 13 Session 4: August 20



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EVENTS

YOUTH CAMPS

SAILING CAMPS

Our camps help young people develop solid skills from the beginner to the advanced and racing sailor. Camps focusing on different skill levels are offered throughout the summer. We use several different boats in our various youth sailing programs. Students get the most out of a program when they are in a class that fits their age, size, ability, and interest.

LITTLE GUPPIES FULL-DAY & HALF-DAY

A full-day or half-day camp for the youngest of sailors, this week will be filled with sailing basics and age-appropriate outdoor ecology lessons. Campers will engage in dynamic days full of hands-on activities and sailing aboard our keel boats. *Ages 6-7* Full day: **\$380** Half day: **\$190**

Full day: **9am-4pm** Half day: **9am-12pm** or **1-4pm**

Session 1: June 26-30 Session 2 (3-day camp \$230; full-day only): July 5-7 Session 3: July 10-14 Session 4: July 17-21 Session 5: July 31-August 4 Session 6: August 7-11 Session 7: August 14-18 Session 8: August 21-25

LEVEL 1

Campers will learn the basics of rigging, points of sail, sailing maneuvers, and safety and recovery in a safe, fun environment. Certified instructors lead a variety of land- and water-based activities designed to promote comfort and independence in the boat. *Ages 8-10 & 11-15* **\$380**

9am-4pm

Session 1: June 19-23 Session 2: June 26-30 Session 3: July 17-21 Session 4: July 24-28 Session 5: August 14-18 Session 6: August 21-25

LEVEL 2

This camp is a perfect follow up to the Level 1 camp or an ideal choice for young sailors who are already comfortable with the basics. Following a review of nomenclature and basic rigging, safety, and sailing maneuvers, sailors will advance to on-the-water activities that consolidate existing skills and teach new ones during longer sails around Burlington Bay. *Ages 8-10 & 11-15* **\$380**

9am-4pm

Session 1 (*Ages 11-15 only*): June 19-23 Session 2: June 26-30 Session 3: July 17-21 Session 4: July 24-28 Session 5: August 14-18 Session 6: August 21-25 21



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Building on the skills learned in Level 1 and 2, this camp will refine on-the-water skills, boat-handling skills, and introduce advanced equipment. This program is designed for campers looking to advance their sailing skills without a focus on racing. *Ages 11-16* 8-day camp: **\$570** 10-day camp: **\$710**

9am-4pm, Monday-Friday
Session 1 (8-day camp):
June 26-July 7
Session 2 (10-day camp):
July 31-August 11

Note: Some camps require participants to demonstrate certain skills and/or abilities before they can safely take part in camp activities. Pre-requisites vary based on age and program.

SUMMER RACE

The Summer Race Program is a series of 1-week sessions designed for Level 3 graduates. This exciting opportunity will build on the advanced skills and sail theory students received in Level 3 and will include advanced coaching. Campers will also learn racing skills including starts, tactical tips, and winning strategies. Opportunities to compete against local and regional teams are optional for participants. *Ages 11-16* First week: **\$380** Second week: **\$340**

9am-4pm

Session 1: June 26-30 Session 2: July 10-14 Session 3: July 17-21 Session 4: July 24-28 Session 5: July 31-August 4 Session 6: August 7-11

Each additional week: \$330

JR. BIG BOAT SAILING

Apply Level 1 & 2 skills to a new challenge – big boat sailing! Spend the week aboard a larger keelboat learning new crew roles and skipper responsibilities that go beyond those needed to sail small boats. This is an excellent camp to help dinghy sailors transition into the world of big boat sailing on Lake Champlain. *Ages 12-16* **\$380**

9am-4pm

Session 1: June 19-23 Session 2: July 31-August 4 Session 3: August 14-18

MULTI-ACTIVITY CAMPS

The multi-activity camps at the Sailing Center offer unique opportunities for campers on and off the water by pairing the sport of sailing with another sport or activity on land. Camps are delivered in partnership with local community organizations and businesses.

LAKE ADVENTURE

This camp is designed for adventurers who love to play on the lake but would like to do more than just sail on it. We will explore Lake Champlain to the fullest from a variety of watercraft, including canoe/kayak excursions out to Lone Rock Point, paddleboarding to North Beach, sailing adventures around Burlington Bay, and dragon boat racing. *Ages 8-10 & 11-15* **\$380**

9am-4pm

Session 1: July 10-14 Session 2: July 31-August 4 Session 3: August 7-11

Community Partner: Malia Paddling & Racing Club

Camper pick-up and drop-off for some camps may alternate between the Sailing Center and our community partner sites.

3-DAY LAKE ADVENTURE: STARS & STRIPES

Celebrate the days following the 4th of July while playing on the water! This program is a 3-day version of our popular Lake Adventure camp, a great way to try out Sailing Center programming after your family holiday celebrations. *Ages 8-10 & 11-15* **\$230** YOUTH CAMPS | MULTI-ACTIVITY CAMPS

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9am-4pm Session 1: July 5-7





WHEELS & WIND: BIKING & SAILING

This unique opportunity connects campers to both the land and water. Mornings are spent cruising Catamount's trails, learning bike handling skills and introductory mechanics. Afternoons take participants down to the lake as they explore the fundamentals of sailing. *Ages 9-10*

9am-4pm Session 1: July 10-14

Community Partner: Catamount Outdoor Family Center

ROCK THE BOAT: CLIMBING & SAILING

Do you want to rock out your summer with a week of climbing and sailing? Campers will explore Petra Cliffs climbing center, ropes courses, and other activities in addition to learning and improving on the fundamental skills of sailing small boats on Lake Champlain. Additionally, campers will spend a full day sailing at the CSC and a full day climbing in Bolton. *Ages 8-11* & 12-16 **\$360**

9am-4pm

Session 1: July 10-14 Session 2 (girls only): August 7-11

Community Partner: Petra Cliffs

SKIPPERS & CHEFS: COOKING & SAILING

This week-long camp offers adventures indoors and outdoors. Campers will start their day with a variety of organic and local culinary pursuits in the kitchen with their resident chef-instructor, culminating with a tasty lunch. Afterward, they will embark on the water learning the fundamental skills of sailing small boats on Lake Champlain. Ages 9-12

\$450

9am-4pm Session 1: July 10-14 Session 2: August 7-11

Community Partner: Healthy Living Market and Café

BUBBLES & BREEZE:

SCUBA & SAILING

Experience the lake from above and below the water! Campers will learn basic snorkeling and scuba skills to explore the lake's aquatic habitat in the morning, then experience the excitement and skill of sailing in the afternoon. Youth with asthma, diabetes, and epilepsy are unable to participate in this camp. *Ages 12-16* **\$400**

9am-4pm Session 1: August 7-11

Community Partner: Waterfront Diving Center

BOARDS & BOOMS:

SKATEBOARDING & SAILING

Come break in the brand new skate park down on the waterfront with this week-long camp. Enjoy the close proximity of these two dynamic sites. Campers will spend mornings perfecting their skateboarding skills and afternoons learning how to sail small boats on Lake Champlain. *Ages 8-15*

For more information and registration, please visit **www.enjoyburlington.com**

9am-4pm Session 1: **June 19-23** Session 2 (*Ages 11-15*): **July 17-21** Session 3 (*Ages 8-10*): **July 24-28**

Community Partner: Burlington Parks and Recreation



SAILORS & SCIENTISTS: STEM & SAILING

Take science to the lake! In our girls-only session, each morning will begin with an introduction to dinghy sailing at the Sailing Center followed by afternoons at ECHO exploring the engineering of sailboats and building our very own model sailboats.

The co-ed season will begin each morning at ECHO discovering what it means to be a freshwater biologist and designing your very own water sampling equipment, followed by afternoons learning the basics of sailing and conducting scientific experiments on keelboats at the Sailing Center! *Ages 8-12* **\$350**

9am-4pm

YOUTH CAMPS | MULTI-ACTIVITY CAMPS

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Session 1 (co-ed): July 31-August 4 Session 2 (girls only): July 31-August 4

Community Partner: ECHO Leahy Center for Lake Champlain

YACHTING YOGIS: YOGA & SAILING NEW!

For the first time, the CSC is excited to provide a camp that combines our love of yoga with our love of sailing. Our campers will connect to both the land and the lake environments as they practice balance, gain strength, and become more flexible in the outdoors. Campers will start their day with yoga both on land and on SUPs and learn the basics of sailing in the afternoon. **\$350**

9am-4pm

Ages 6-7 Session 1: June 19-23 Session 2: July 24-28

Girls only, ages 8-10 Session 3: **August 14-18**

Ages 8-10 Session 4: August 21-25

Community Partner: Evolution Prenatal and Family Yoga Center





YOUTH PROGRAM PROGRESSION BEGINNER AGES **Guppies Half-Day Guppies Full-Day** 6-**Gumby Guppies** INTERMEDIATE Level 1 Sailing Lake Adventure **AGES 8-10** Sailors & Scientists Rock the Boat Level 2 Sailing Wheels in the Wind Boards & Booms Yachting Yogis ADVANCED Level 1 Sailing Level 3 Sailing Lake Adventure Summer Race Sailors & Scientists **AGES 11-1**5 Skippers & Chefs Junior Big Boat Level 2 Sailing Rock the Boat Junior Instructor Boards & Booms NVHSST Bubbles & Breezes

ADDITIONAL YOUTH OPPORTUNITIES

EARLY DROP-OFF

Come to camp early and we will start all the fun before camp begins. Ages 8 and up 8am-9am

\$40 per week

LATE PICKUP

YOUTH CAMPS | ADDITIONAL OPPORTUNITIES

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Stay at camp late to continue the day's fun. Ages 8 and up 4pm-5:30pm \$55 per week

SATURDAY FREE SAIL

Each Saturday, campers can use our dinghy boats for free! A sailing instructor will oversee the safe use of the boats. Join fellow students. meet new friends, and build sailing skills by having fun and spending time on the water. Sign-up required and campers must have completed at least one full-week of Level I, II, or III prior to using the boats. Ages 8-10 and 11-15 FREE!

Saturdays, 10am-1pm No free sail August 6 and 13.



JUNIOR INSTRUCTOR **TRAINING CAMP**

All Junior Instructors must be 15-18 vears old, have taken a Level II camp or equivalent, and have a good attitude and a willingness to work. The program requires a commitment of at least two weeks over the summer, Monday-Friday 9am-4pm.

Attendance at the Junior Instructor camp is required for all those wishing to participate in our Junior Instructor program in summer 2017. The second session is great for sailors hoping to ioin us as JIs in 2018.

In this one week training course, Junior Instructors (JIs) will learn the basics of what it means to be a part of the support staff at the CSC. In this camp, JIs will learn the daily flow at the Sailing Center, how to rig, sail, and care for our fleet, how to deliver camp curriculum with seasonal staff, and how to positively support campers. Ages 15-18

First Year JI: \$300 First Year JI: \$200

(JI's who complete the minimum 2 week requirement or stay for 4 weeks can receive a rebate on this fee after their service)

9am-4pm Session I: June 19-23

Session II: August 15-19

For more information, please contact Program Director Mary Dowd at mary@communitysailingcenter.org.

NORTHERN VERMONT **HIGH SCHOOL SAILING TEAM**

The Community Sailing Center coaches high school sailors from around the region through the Northern Vermont High School Sailing Team, each season offering young sailors the chance to develop their skills and compete throughout New England. The team is open to any student in good standing attending public, private, or home school in Chittenden and surrounding counties. The team practices together approximately three days a week after school, with occasional weekend regattas at home or away.

Spring Session: April 18-May 26 \$420

Spring sailing prerequisite: must have sailing experience at the intermediate level.

Fall Session: August 21-October 13 \$530

For more information and to find out how to get your school involved, please contact Program Director Mary Dowd at mary@communitysailingcenter.org.

PERFORMANCE SAILING

SUMMER RACE

The Summer Race Program is a series of 1-week sessions designed for Level 3 graduates. This exciting opportunity will build on the advanced skills and sail theory students received in Level 3 and will include advanced coaching. Campers will also learn racing skills including starts, tactical tips, and winning strategies. Opportunities to compete against local and regional teams are optional for participants. Ages 11-16 First week: \$380 Second week: \$340 Each additional week: \$330

9am-4pm

Session 1: June 26-30 Session 2: July 10-14 Session 3: July 17-21 Session 4: July 24-28 Session 5: July 31-August 4 Session 6: August 7-11

> As with all Sailing Center programs, scholarships are available through the McConnell Scholarship Fund, providing access to the world of competitive sailing to all interested high school students. Please contact Program Director Mary Dowd at mary@communitysailingcenter.org

REGISTRATION & SCHOLARSHIPS

REGISTRATION DETAILS

Early registration is encouraged. You can register for any program online, by phone, in person, or by mail. Registration forms can be found on our website; please submit one registration per student.

LIABILITY WAIVER

All students must submit a signed liability waiver prior to the start of each program. Waivers can be found on our website.

PAYMENT

A non-refundable, non-transferable deposit of \$100 for each program must accompany the registration. Full payment by check or credit card is due by June 1st. Balances for fall programs must be paid in full by August 14.

PROGRAM CONFIRMATION

After registration, students will receive an email confirming their spot in the given program. Other pertinent information will be sent a few weeks prior to each program.

WAITING LISTS

Students who are placed on waiting lists will be contacted if space becomes available.

WITHDRAWALS/CANCELLATIONS

Please give us 30 days' notice in order to secure a refund (excluding \$100 non-refundable deposit) and open your space to another sailor. No refunds or credits will be issued within one month of any program. Tuition fees less \$100 will be refunded with approved medical excuse. The Community Sailing Center reserves the right to cancel programs with insufficient registration and provide refunds, or to discontinue student participation in the unlikely event of persistent disruptive behavior.

Questions?

We're always happy to help with class/camp selection, placement, and other inquiries. Contact us at (802) 864-2499 or info@communitysailingcenter.org.



CSC MCCONNELL SCHOLARSHIP FUND

This scholarship means everyone can afford to play on the lake. In 2016, the McConnell Scholarship Fund helped many kids, teens, adults, and families access Lake Champlain.

Mike McConnell's love for the lake inspired the scholarship fund in his name to support access to Lake Champlain for anyone in our community – regardless of age, ability, race, religion, or economic circumstances. To apply, please fill out the online McConnell Scholarship Request Form and enclose a \$100 deposit to hold your space in the class. Scholarship decisions will be made within 10 days of submitting a complete application.

Request forms can be mailed to: Community Sailing Center Attn: McConnell Scholarship Fund P.O. Box 64818 Burlington, Vermont 05406

If you have any questions about the scholarship program please email Program Director Mary Dowd at mary@communitysailingcenter.org. 31





The Community Sailing Center is home to sail- and human-powered boats of all kinds and sizes. We are especially well suited to house your kayaks, canoes, rowing dinghies, Lasers, Sunfish, and boats 12-24' on trailers. Winter and summer storage is available.

Those who store their boats with us are given:

- The combination to the gate locks, which allows for 24-hour access to the boat park
- Use of dollies for ease in launching
- The option of purchasing a hoist pass for unlimited hoist usage

Summer Storage: May 13-October 31

Winter Storage: November 1-May 13, 2018

RACK SPACE

(Laser, Sunfish, canoe, kayak, sailboard, etc.)

\$200 - Rack storage for one boat\$75 for each additional boat that fits on the same rack

GROUND STORAGE

(charged by the foot at varying rates per length)

\$19/foot - Boats 14' and under
\$20/foot - Boats 15' to 18'
\$21/foot - Boat 19' and up, tri/catamarans & motorboats
\$75 for each additional boat that fits in your allotted ground space.

HOIST USE

Hoist users must provide their own lifting equipment.

\$4/foot - One-time use
\$8/foot - Season use



PLAY ON THE LAKE

We really love having adventures on the lake, and we're excited about sharing the fun with as many people as possible. The Sailing Center provides many ways to play on the lake through our rental program. When you rent one of our sailboats, kayaks, canoes, or paddleboards, we'll also include life jackets and paddles along with some safety basics.

HOURS OF OPERATION

Spring season May 27-June 11 Weekends 10am-6pm

Summer season June 17-September 4 Weekdays noon-8pm Weekends 9am-8pm

Fall season September 5-October 19 Weekends 10am-6pm

Holiday hours:

Memorial Day (5/29) 10am-6pm 4th of July 10am-8pm Labor Day (9/4) 9am-8pm Columbus Day (10/9) 10am-6pm

Closed May 28, June 12-16, July 3, and August 19* and 27. *Limited access for Sailabration HOURLY RENTAL RATES Keelboat **\$55** Dinghy **\$30** Paddling (kayak, canoe, SUP) **\$15**

SEASON PASSES

All season pass holders are also entitled to use canoes, kayaks, and paddleboards based on availability

Student Dinghy Pass \$220

Individual Dinghy Pass \$330

Includes keelboat or dinghy \$550 Fall only (Sept. 5-Oct. 19) \$100

Family All Access Pass Boats can be rented by any qualified family member listed on pass; includes keelboat or dinghy **\$750**



Renters must provide proof of sailing experience by taking the written CSC Sailing Rental Test. Depending on wind and weather conditions the Sailing Center may also require a practical on-water test. All renters are subject to the rules, boundaries and regulations of the Community Sailing Center. Minimum age to act as skipper of a rental boat is 8 years old. Passengers must be 6 years old for keelboat rentals and 8 years old for dinghies, canoes, paddleboards, and kayak rentals. A deposit is required for all renters.

Passes are sold on an individual or family basis only. All passes are non-transferable. For individual passes, the pass holder must be present during rental and is entitled to one CSC boat per pass. Only individuals listed on the family pass may rent boats. Rental passes are only valid for the season during which they are purchased. 35

RENTALS







YOU'RE A VALUED PART OF OUR COMMUNITY.

We provide award-winning, diverse programming only because of the hard work, enthusiasm, and time donated by our dedicated volunteers. Joining our volunteer program is a great way to get involved at the CSC and earn free rental hours! There is a lot of work to do, but there is no sailing experience required. Volunteer projects vary greatly, and some projects include:

- Boat and facility maintenance and upkeep
- Seasonal preparation and winterization
- Building projects and construction
- Open house and special events
- Weekend rental assistance
- Community outreach events such as camp fairs and festivals

For more information or to request an application, please visit our website or contact Education & Outreach Coordinator Morgan LaPointe at (802) 864-2499 or morgan@communitysailingcenter.org.

Follow us on Twitter @SailingCenter



Friend us on Facebook /communitysailingcentervt



Sign up for email updates at communitysailingcenter.org

WE PROUDLY INTRODUCE THE

Raymond P. Sullivan Sailing Education Center & Pomerleau Community Waterfront Campus

Inspired by the LOVE YOUR LAKE campaign, this new facility will ensure public access to Lake Champlain, programs for experiential learning, and recreational opportunities for generations to come. The Sustainable Campus Initiative will showcase energy efficient design with a Net Zero energy building, low-impact green infrastructure design and boatyard, and provide a model "learning center" for innovative stewardship and sustainable waterfront investment. This new waterfront hub will serve over 10,000 people each year and provide programming in partnership with dozens of local community organizations, schools, and businesses.

The 21,180-square-foot education center on nearly an acre of campus will include:

- classroom space for year-round learning
- new boats & docks
- restroom facilities & locker rooms
- indoor storage
- staff offices
- maintenance facilities

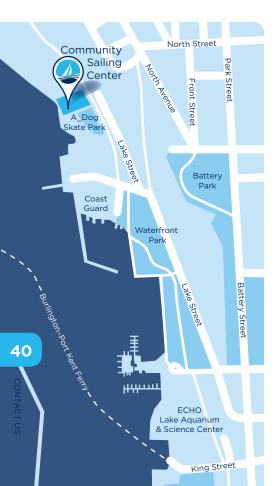
With the whole community on board, we will build a better future for Burlington's waterfront – one that benefits *everyone*.





CONTACT US





ADDRESS

Community Sailing Center 505 Lake Street Burlington, VT 05401

TELEPHONE (802) 864-2499

EMAIL info@communitysailingcenter.org

WEB communitysailingcenter.org

2017 SEASON

Spring Season April 17-June 11

Summer Season June 17-September 4

Fall Season September 5-October 13

DIRECTIONS

The Community Sailing Center campus is located on Burlington's Waterfront, just north of the U.S. Coast Guard Station and right next to the A_Dog Skate Park. To reach us by car, follow Lake Street past Waterfront Park and over the railroad tracks. Lake Street will parallel the Burlington Bike Path, curving to the right after the tracks and continuing past the A Dog Skate Park, ending right at our front door and the start of the Burlington waterfront green space. We're also easy to find on foot or riding a bike, since the Bike Path goes right by us!





PO Box 64818 Burlington, VT 05406













COMMUNITYSAILINGCENTER.ORG

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